



LOVE FELLOWSHIP BELIEVERS, INC.
GREENSBORO, NORTH CAROLINA



Hey Everybody,

Thanks be to GOD, for all He has done and is doing! We are growing and by His grace we have made it another year! God continues to prove Himself faithful and I am expecting nothing less in 2016. I believe God always has greater things in store for us, don't you? As we enter into each year, it has become a custom at LFB to give God the first fruits of our lives. In Exodus 22, Moses instructed the Children of Israel to bring the first of their ripe fruits unto the Lord. As we collectively enter into this year let's declare to the Lord that we are willing to offer Him ourselves as the first ripe fruit of the year through *fasting and prayer*. What an awesome declaration to the Lord, that we are willing to lay aside our own desires and lust so that we might take on what it is that He desires for us. Looking back; 2009 we established a strong foundation from where we could grow. In 2010 we were "SOULED OUT" unto the Lord. In 2011 we were "UNSHAKEABLE" and He allowed us to prevail. In 2012 God gave the "INCREASE", we prospered. In 2013 we did our best to Spread Holy Assurance Reaching Everyone "S.H.A.R.E" and we were asked to D.O. the Work in 2014 and Being United In Loving Devotion for God "B.U.I.L.D." was the vision for 2015 (Col 3:1-17), and we will continue with this vision for 2016. Let's be committed to this vision and ministry.

As a body of believers, I am asking that we spend 21 days fasting. The fast will be a Daniel's Fast. During this time of fasting, I would ask that you would "give up" something(s) (foods and drinks, social activities and behaviors etc.) that brings pleasure to your flesh. *Additionally*, we should refrain from the usage of electronics (games) and social media (Facebook, Twitter, Etc.) This means that we must completely live Hebrews 12:1(b): "let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us". In Mark 9:28-29, Jesus and His disciples are found having a discussion about a miracle He had performed. The disciples asked Christ, why were we not able to do what you just did? The Master's response was a simple one, some things only come "by prayer and fasting". I pray that we are looking for the Lord to manifest supernatural miracles and deliverances. Jesus teaches in Matthew 25:23 that by being faithful over a few things we are able to rule over many things. I trust that we will come into agreement with one another concerning this fast and watch the Lord bless our efforts. Also, choose a time and be faithful to meditate in prayer daily, possibly through our prayer line if you are able. The fast will begin on, January 10 at 3:00 pm and will end on, January 31 at 3:00 pm. Please remember that if you are under a doctor's care please contact your physician before you participate in any fast. Please notify me if you are unable to participate. As your servant leader I will be fasting the entire 21 days in accordance to the Daniel's fast guidelines. Our sister church, The City of Refuge will also be fasting with us during this time. **Please do not break this time of unity!**

Your Servant Leader,

Pastor Kevin G. Webb

“In those days I, Daniel, was mourning three full weeks. I ate no *pleasant* food, no *meat* or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled.” **Daniel 10:2, 3**

Please make sure to **READ THE LABEL** when purchasing packaged, canned or bottled foods. They should be **sugar-free and chemical-free**. Keep this in mind as you review this list of acceptable foods.

****Foods to include in your diet during the Daniel Fast****

All fruits. These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon

All vegetables. These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers are an option if you are not allergic to soy.

All whole grains, including but not limited to whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes and popcorn.

All nuts and seeds, including but not limited to sunflower seeds, cashews, peanuts, sesame. Also nut butters including peanut butter.

All legumes. These can be canned or dried. Legumes include but are not limited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.

All quality oils including but not limited to olive, canola, grape seed, peanut, and sesame.

Beverages: spring water, distilled water or other pure waters.

Other: tofu, soy products, vinegar, seasonings, salt, herbs and spices

****Foods to avoid on the Daniel Fast****

All meat and animal products including but not limited to beef, lamb, pork, poultry, and fish.

All dairy products including but not limited to milk, cheese, cream, butter, and eggs.

All sweeteners including but not limited to sugar, raw sugar, honey, syrups, molasses, and cane juice.

All leavened bread including Ezekiel Bread (it contains yeast and honey) and baked goods.

All refined and processed food products including but not limited to artificial flavorings, food additives, chemicals, white rice, white flour, and foods that contain artificial preservatives.

All deep fried foods including but not limited to potato chips, French fries, corn chips.

All solid fats including but not limited to shortening, margarine, lard and foods high in fat.

Beverages including but not limited to coffee, tea, herbal teas, carbonated beverages, energy drinks, and alcohol.

Remember, **READ THE LABELS!**

<http://danielfast.wordpress.com/>



PRAYER CONCERNS and DEVOTIONALS

Colossians 3:1-17

Deuteronomy 6:5 Matthew 22:37

Isaiah 61: 1-7 (Read Daily)

Luke 4:17 - 21 (Read Daily)

II Chronicles 7:12-16 (Read Daily)

<u>DATE</u>	<u>PRAYER CONCERNS</u>	<u>DAILY DEVOTIONAL</u>
Jan 10	Prayer of thanksgiving and praise – spend time being thankful for what the Lord has done and will do through this fast. Prayer of repentance (ask God to reveal secret sins). Pray for Love Fellowship Believers and the City of Refuge CHURCH FAMILIES, particularly those confessions that were made. Pray for FAVOR with God and man as our ministries carry out the vision. Pray that we will be sensitive and bold with opportunities to evangelize our community. Pray for unity.	Exodus 33:12 – 23; Isaiah 6:1-4; Haggai 2:1-9; Isaiah 10:27; Psalm 34: 1-22; Psalm 103: 1-22; Psalm 19:12; Psalm 139:23-24; Luke 2:52; James 5:16; James 1:1-5
Jan 11-17	Pray for the Divine Release of Physical Healing and miracles within the ministry. Pray for the Divine Release of Unsaved and backslidden loved ones that they would be saved / reclaimed. Pray for the Divine Release of believers bound by addictions and compulsions. Pray for the city of Greensboro and surrounding areas. Pray for Love Fellowship Believers and the City of Refuge CHURCH FAMILIES, Pray for FAVOR with God and men as our ministries carry out the vision. Pray that we will be sensitive and bold with	Isaiah 61:1-6; Matthew 4:23-25; Acts 5:12-16; Jeremiah 3:11-14; Mark 2:15-17; Romans 10:1-13; Matt. 9:37-38; Luke 2:52; Luke 15:7; James 5:16

	opportunities to evangelize our community. Pray for the spirit of a servant in every believer.	
Jan 18-24	Pray for a Divinely released anointing upon Ministers Cynthia Grant, A. Kim McTillmon, Wanada Barnett, Tammie Tutt, James McClary, Mario McCall. Pray that signs and wonders would follow the ministry of God's Word this year. Pray this would be a year of refreshing and renewal for the believers. Pray for Love Fellowship Believers and the City of Refuge CHURCH FAMILIES, particularly those confessions that were made. Pray for FAVOR with God and men as our ministries carry out the vision. Pray that we will be sensitive and bold with opportunities to evangelize our community. Pray for a spirit of worship.	Isaiah 10:27; Romans 10:14-15; 2 Chronicles 20: 20-25; Luke 2:52; Acts 2:1-4; Acts 3:19; James 5:16
Jan 25-31	Pray for a Divinely released anointing upon Pastors Kevin L. Maxwell and Kevin G. Webb Pray that signs and wonders would follow the ministry of God's Word this year. Pray this would be a year of refreshing and renewal for the believers. Pray for the City of Refuge and Love Fellowship Believers CHURCH FAMILIES, particularly those confessions that were made. Pray for FAVOR with God and men as our ministries carry out the vision. Pray that we will be sensitive to and bold with opportunities to evangelize our community. Pray for discernment. Pray for a spirit of generosity towards others.	Isaiah 10:27; Romans 10:14-15; 2 Chronicles 20: 20-25; Luke 2:52; Acts 2:1-4; Acts 3:19; James 5:16

James 2:17-20 & II Chronicles 7:12-16 (Read Daily)